



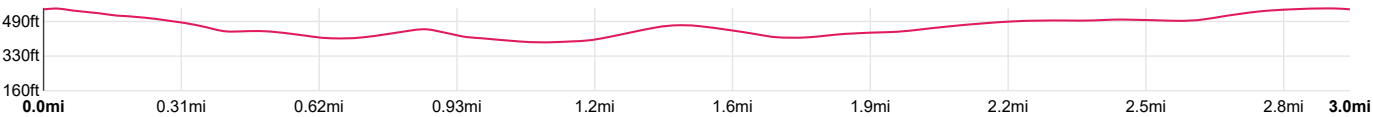
Route Information

Route Name Stithians Trail 2

Route Summary

Total Distance	2.93mi (4.72km)	Walk	1h 6min
Elevation	392.39ft at lowest point	Run	35min
	556.43ft at highest point	Cycle	24min
Total Ascent	327.76ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	SW 719 364	0.00mi	50° 11' 3" N	5° 11' 44" W	549.54ft
Dist to next: 0.03 mi					
39	SW 719 364	2.93mi	50° 11' 3" N	5° 11' 44" W	549.54ft